## Nassau County Council on Aging - Janice Ancrum Senior Life Center 1901 Island Walk Way, Fernandina Beach, FL 32034 • 904-261-0701

## **January 2025**

Monday	Tuesday	Wednesday	Thursday	Friday
NASSAU COUNTY Council on Aging SENIORS LIVING HAPPY, HEALTHY LIVES All Activities Subject to Change	LUNCH 11am Daily	Closed Happy New Year!	2 9 Armchair Travel - Nancy Cerra 10 Games - Arlyse	<ul> <li>9 Birthday Celebrations - Kathy DeAngelis</li> <li>9 Foods for Digestive Health - April Blue Moseley</li> <li>10 Bingo - Ron Turner</li> </ul>
6	7	8	9	10
9 Games - Arlyse 10 Bingo - Nick Klein	9 Crafts with a Purpose 10 SHINE Presentation: Learn Medicare Part C	9 Karaoke - Nancy 10 Bingo - Nancy Chandler	9 TBA 10 Tunes w/2Js - Jim & Julie Black	9 Singing - Terry Murphy 10 Bingo - Ron Turner
13	14	15	16	17
9 Exercise - Tissa 10 TBA	9 TBA 10 Guitar Adventures - Joyce	9 Sing Along - Bruce Beville 10 Bingo - Nancy Chandler	9 Rummikub 10 Crafts with a Purpose	9 Chats With Tara 10 Bingo - Ron Turner
20	21	22	23	24
Closed In Observance of MLK Day	9 Trivia w/Nelson Insurance 10 Guitar Adventures - Joyce	9 TBA 10 Bingo - Nancy Chandler	9 What's Your Advice? - George Vail 10 Tunes w/2Js - Jim & Julie Black	9 Managing Age-Related Eye Conditions - Dr. River Shaw, Florida Eye Specialists 10 Bingo - Ron Turner
27	28	29	30	31
9 Exercise - Tissa 10 Poker - Morgan Brown, Sr Living Placement	9 Karaoke - Nancy 10 Celebrating w/Music: "Jazzy January" - Sandi Haynes	9 Rummikub 10 Bingo - Nancy Chandler	<b>9</b> TBA <b>10</b> Crafts with a Purpose	9 Zen Coloring 10 Guitar Adventures - Joyce