

SUN	MON	TUE	WED	THU	FRI	SAT
<b>1</b>	<b>2</b> 9 Elvis Concert: Grand Hall 10 Total Balance: Julie O. 11 Piano & Songs: Linda & Linda 12 Lunch: Elle & Rest 12:30 Jeopardy: Julie L. 1 Jams with Joyce 2 PT: Fitness Center 3 Tea Time	<b>3</b> 9 Current Events Discussion 10 Sound of Music: Barbara 11 Christmas Trivia 12 Lunch: Dave & Rest 12:30 Dance & Stability: Laura 1 2Js Dance Party 2 Brain Workout: Nan 3 Range of Motion & Tea Time	<b>4</b> 9 Coffee Break: Dr. John 9:30 Humane Society 10 Bruce's Band & Friends 11 Card Games 12 Lunch: Julie & Rest 12:30 Mind Memory Games & Reminiscence: Terri 2 Speech/Cog Therapy & Snack: Michelle  <b>4 P.M. Holiday Party</b>	<b>5</b> 9 Coffee Break: Dr. John & Dave 9:30 Strength & Bal.: Dave 10 Soul Wellness: Judge John 11 Acoustic Guitar: Bill 12 Field Trip Lunch: Grand Hall & Rest 12:30 Better Balance: Dave 1 Piano Concert: Becky Duke 2 PT: Fitness Center 3 Tea Time	<b>6</b> 9 Coffee Break 9:30 Get Movin' 10 Soft Touch Pets 10:30 Multimedia Art 12 Lunch: Mary/Cindy & Rest 12:30 Piano/Harmonica: Jan 1:30 Ornaments w/Garden Therapy: Bertram Garden Club 2:30 Games & Tea Time	<b>7</b> C L O S E D
<b>8</b> C L O S E D	<b>9</b> 9 Coffee Break: Jim 10 Total Balance: Julie O. 11 Piano & Songs: Linda & Linda 12 Lunch: Elle & Rest 12:30 Jeopardy: Julie L. 1 Cultural Conversations: Shirish 2 PT: Fitness Center 3 Tea Time	<b>10</b> 9 Current Events Discussion 10 The Jam Band 11 History of 1st Christmas in North America: Peter 12 Lunch: Dave & Rest 12:30 Dance & Stability: Laura 1 2Js Dance Party 2 Spanish w/Irene 3:15 Range of Motion & Tea Time	<b>11</b> 9 Coffee Break: Dr. John 9:30 Fitness Fun 10 Jams: Joyce 11 Cooking: Tanis 12 Lunch: Julie & Rest 12:30 Mind Memory Games & Reminiscence: Terri 2 Speech/Cog Therapy & Tea Time: Michelle	<b>12</b> 9 Coffee Break: Dr. John & Dave 9:30 Strength & Bal.: Dave 10 Caring Club: Libby 11 Christmas Performance: Sandi 12 Special Lunch & Rest 12:30 Better Balance: Dave 1 Piano Concert: Becky Duke 2 PT: Fitness Center 3 Tea Time	<b>13</b> 9 Coffee Break 9:30 Get Movin' 10 Santa w/St. Francis Gifts 10:30 Multimedia Art: Coco 12 Lunch: Mary/Cindy & Rest 12:30 Ornaments w/Garden Therapy: Bertram Garden Club 1:30 Rockin' Oldies: John Thomas 2:30 Games & Tea Time	<b>14</b> C L O S E D
<b>15</b> C L O S E D	<b>16</b> 9 Elvis Concert: Grand Hall 10 Total Balance: Julie O. 11 Piano & Songs: Linda & Linda 12 Lunch: Elle & Rest  <i>Continued on other side</i>	<b>17</b> 9 Current Events Discussion 10 Sound of Music: Barbara 11 Photo Presentation: Alwynne Lamp 12 Lunch: Dave & Rest  <i>Continued on other side</i>	<b>18</b> 9 Coffee Break: Dr. John 9:30 Fitness Fun 10 Bruce's Band & Friends 11 Card Games 12 Lunch: Christmas Celebration w/Santa & Rest  <i>Continued on other side</i>	<b>19</b> 9 Coffee Break: Dr. John & Dave 9:30 Strength & Balance: Dave 10 Soul Wellness: Judge John 11 Acoustic Guitar: Bill  <i>Continued on other side</i>	<b>20</b> 9 Live Music: Courtney Russell 9:30 Get Movin' 10 Soft Touch Pets 10:30 Acrylics Art: Trish 12 Lunch: Mary/Cindy & Rest  <i>Continued on other side</i>	<b>21</b> C L O S E D

SUN	MON	TUE	WED	THU	FRI	SAT
<p><b>15</b></p> <p>C L O S E D</p>	<p><b>16</b></p> <p>12:30 Jeopardy: Julie L. 1 Harp Music: Ginny 2 PT: Fitness Center 3 Tea Time</p>	<p><b>17</b></p> <p>12:30 Dance &amp; Stability: Laura 1 2Js Dance Party 2 Brain Workout: Nan 3:15 Range of Motion &amp; Tea Time</p>	<p><b>18</b></p> <p>12:30 Mind Memory Games &amp; Reminiscence: Terri 2 Speech/Cog Therapy &amp; Tea Time: Michelle</p>	<p><b>19</b></p> <p>12 Field Trip Lunch: Grand Hall &amp; Rest 12:30 Better Balance: Dave 1 Mind Games: Elle &amp; Tanis 2 PT: Fitness Center 3 Tea Time</p>	<p><b>20</b></p> <p>12:30 Piano/Harmonica: Jan 1:30 Rockin’ Oldies: John Thomas 2:30 Games &amp; Tea Time</p>	<p><b>21</b></p> <p>C L O S E D</p>
<p><b>22</b></p> <p>C L O S E D</p>	<p><b>23</b></p> <p>9 Coffee Break: Jim 10 Total Balance: Julie O. 11 Piano &amp; Songs: Linda &amp; Linda 12 Lunch: Elle &amp; Rest 12:30 Jeopardy: Julie L. 1 Cultural Conversations: Shirish 2 PT: Fitness Center 3 Tea Time</p>	<p><b>24</b></p> <p><b>Closed for Christmas</b></p> 	<p><b>25</b></p> <p><b>Closed for Christmas</b></p> 	<p><b>26</b></p> <p>9 Coffee Break: Dr. John &amp; Dave 10 Caring Club: Libby 11 Bluegrass Tunes 12 Field Trip Lunch: Grand Hall &amp; Rest 12:30 Better Balance: Dave 1 Mind Games: Elle &amp; Tanis 2 PT: Fitness Center 3 Tea Time</p>	<p><b>27</b></p> <p>9 Coffee Break Social 9:30 Get Movin’ 10 Soft Touch Pets 10:30 Acrylics Art 12 Lunch: Mary/Cindy &amp; Rest 12:30 Seated Exercises 1:30 Rockin’ Oldies: John Thomas 2:30 Games &amp; Tea Time</p>	<p><b>28</b></p> <p>C L O S E D</p>
<p><b>29</b></p> <p>C L O S E D</p>	<p><b>30</b></p> <p>9 Coffee Break: Jim 10 Total Balance: Julie O. 11 Piano &amp; Songs: Linda &amp; Linda 12 Lunch: Elle &amp; Rest 12:30 Jeopardy: Julie L. 1 Jams: Joyce 2 PT: Fitness Center 3 Tea Time</p>	<p><b>31</b></p> <p>9 Current Events Discussion 10 Sound of Music: Barbara 11 New Year Resolutions 12 Lunch: Dave &amp; Rest 12:30 Dance &amp; Stability: Laura 1 2Js Dance Party 2 Brain Workout: Nan 3:15 Range of Motion &amp; Tea Time</p>	 <p>SENIORS LIVING HAPPY, HEALTHY LIVES</p> <p><i>All activities subject to change</i></p>			