



















Nassau County Council on Aging—Westside Senior Life Center Morning Activities

November 2024

37002 Ingham Road • Hilliard, FL 32046

For more info, contact Frances Nobles, Nutrition Manager, 904-675-9838

MON	TUE	WED	THU	FRI
 <p>NASSAU COUNTY Council on Aging SENIORS LIVING HAPPY, HEALTHY LIVES <i>All events subject to change</i></p>				<p>1 8:30 Coffee/Word Search 9:00 Bingo 11:00 Lunch</p> 
<p>4 8:30 Coffee/Word Search 9:00 Bingo 10:00 AHEC Vaccination Clinic 11:00 Lunch</p>	<p>5 8:30 Coffee/Word Search 9:00 Banana Split Game 11:00 Lunch</p> 	<p>6 8:30 Coffee/Word Search 9:00 Zany Word Challenge 11:00 Lunch</p> 	<p>7 8:30 Coffee/Word Search 9:00 Word Challenge Bingo for Fun STARTS WITH AARRRO!!!! 11:00 Lunch</p>	<p>8 8:30 Coffee/Word Search 9:00 Chats w/Tara 11:00 Lunch</p> 
<p>11 Closed for Veterans Day</p>  <p>Freedom isn't Free</p>	<p>12 8:30 Coffee/Word Search 9:00 Barnabas Presentation w/Trish 11:00 Lunch</p>	<p>13 8:30 Coffee/Word Search 9:00 Nutrition Topic w/Beth Verlinde 10:00 Arts & Crafts 11:00 Lunch</p> 	<p>14 8:30 Coffee/Word Search 9:00 Getting to Know You Game 10:00 Bingo for Fun 11:00 Lunch</p>	<p>15 8:30 Coffee/Word Search 9:00 Banana Split Game 11:00 Lunch</p> 
<p>18 8:30 Coffee/Word Search 9:00 Bingo 11:00 Lunch</p> 	<p>19 8:30 Coffee/Word Search 9:00 Tic-Tac-Toe 11:00 Lunch</p> 	<p>20 8:30 Coffee/Word Search 9:30 NEFL Presentation w/Beth Verlinde Bingo 11:00 Lunch</p>	<p>21 8:30 Coffee/Word Search 9:00 Arts & Crafts 11:00 Lunch</p> 	<p>22 8:30 Coffee/Word Search 9:00 Bingo 11:00 Lunch</p> 
<p>25 8:30 Coffee/Word Search 9:00 Bingo 11:00 Lunch</p> 	<p>26 8:30 Coffee/Word Search 9:00 Building Words Bingo 11:00 Lunch</p> 	<p>27 8:30 Coffee/Word Search 9:00 Thanksgiving Fun & Games 11:00 Lunch</p>	<p>28 Closed for Thanksgiving</p> 	<p>29 Closed for Thanksgiving</p> 