






Nassau County Council on Aging—Westside Senior Life Center Morning Activities

October 2024

37002 Ingham Road • Hilliard, FL 32046

For more info, contact Frances Nobles, Nutrition Manager, 904-675-9838

MON	TUE	WED	THU	FRI
 <p>SENIORS LIVING HAPPY, HEALTHY LIVES All events subject to change</p>	1 8:30 Coffee/Word Search 9:00 Building Words Bingo 11:00 Lunch 	2 8:30 Coffee/Word Search 9:00 Arts & Crafts 11:00 Lunch 	3 8:30 Coffee/Word Search 9:00 Tic-Tac-Toe 11:00 Lunch 	4 8:30 Coffee/Word Search 9:00 Bingo 11:00 Lunch
7 8:30 Coffee/Word Search 9:00 Bingo 11:00 Lunch  	8 8:30 Coffee/Word Search 9:00 Banana Split Game 11:00 Lunch 	9 8:30 Coffee/Word Search 9:00 Zany Word Challenge 11:00 Lunch 	10 8:30 Coffee/Word Search 9:00 Word Challenge Bingo for Fun STARTS WITH AARRRO!!!! 11:00 Lunch	11 8:30 Coffee/Word Search 9:00 Chats w/Tara 11:00 Lunch 
14 8:30 Coffee/Word Search 9:00 Bingo 11:00 Lunch  	15 8:30 Coffee/Word Search 9:00 Indoor Fun & Games 11:00 Lunch	16 8:30 Coffee/Word Search 9:00 Bingo 10:00 Arts & Crafts 11:00 Lunch	17 8:30 Coffee/Word Search 9:00 Getting to Know You Game 10:00 Beth Verlinde 11:00 Lunch	18 8:30 Coffee/Word Search 9:00 Banana Split Game 11:00 Lunch 
21 8:30 Coffee/Word Search 9:00 Bingo 11:00 Lunch  	22 8:30 Coffee/Word Search 9:00 Tic-Tac-Toe 11:00 Lunch 	23 8:30 Coffee/Word Search 9:30 Carrie w/SHINE 11:00 Lunch	24 8:30 Coffee/Word Search 9:00 Senior Fun Day 11:00 Lunch 	25 8:30 Coffee/Word Search 9:00 Bingo for Fun 11:00 Lunch  
28 8:30 Coffee/Word Search 9:00 Bingo 11:00 Lunch  	29 8:30 Coffee/Word Search 9:00 Building Words Bingo 11:00 Lunch 	30 8:30 Coffee/Word Search 9:00 Bingo 11:00 Lunch	31 8:30 Coffee/Word Search 9:00 Halloween Fun 11:00 Lunch 	

Nassau County Council on Aging—Westside Senior Life Center Afternoon Activities

October 2024

37002 Ingham Road • Hilliard, FL 32046

For more info, contact Missy Snead, Activities Coordinator, 904-675-9833

MON	TUE	WED	THU	FRI
	1 1:00-3:00 Crocheting Class with "Hilliard Hookers" 	2 2:00-3:00 YouTube Crafts 	3 1:30-3:30 Line Dancing with Tanya 	4 2:00-3:00 Questions for the VFW
7 2:00-4:00 Game Day Checkers, Connect 4 Memory Games etc 	8 1:00-3:00 Crocheting Class with "Hilliard Hookers" 	9 2:00-3:00 YouTube Crafts 	10 1:30-3:30 Line Dancing with Tanya 	11 2:00-3:00 Ask the COA Staff Questions
14 2:00-4:00 Game Day Checkers, Connect 4 Memory Games etc 	15 1:00-3:00 Crocheting Class with "Hilliard Hookers" 	16 2:00-3:00 YouTube Tai Chi 	17 1:30-3:30 Line Dancing with Tanya 	18 2:00-3:30 Movie "Willow" w/ Popcorn
21 2:00-4:00 Game Day Checkers, Connect 4 Memory Games etc 	22 1:00-3:00 Crocheting Class with "Hilliard Hookers" 	23 2:00-3:00 YouTube Crafts 	24 1:30-3:30 Line Dancing with Tanya 	25 2:00-3:00 Questions for the VFW
28 2:00-4:00 Game Day Checkers, Connect 4 Memory Games etc 	29 1:00-3:00 Crocheting Class with "Hilliard Hookers" 	30 2:00-3:00 YouTube Tai Chi 	31 1:30-3:30 Line Dancing with Tanya 	

Please Pre Register by calling Nassau County Council on Aging—Westside Senior Life Care Center (904) 845-3331

Activities: (904)-675-9833

Email: msnead@nassaucountycoa.org