

























Nassau County Council on Aging—Westside Senior Life Center Afternoon Activities

July 2024

37002 Ingham Road • Hilliard, FL 32046

For more info, contact Missy Snead, Activities Coordinator, 904-675-9833

MON	TUE	WED	THU	FRI
1 2:00-4:00 Game Day Checkers, Connect 4 Memory Games etc 	2 1:00-3:00 Crocheting Class with "Hilliard Hookers" 	3 2:00-3:00 YouTube Tai Chi 	4 Closed for Holiday - Independence Day	5 2:00-3:00 Questions for the VFW 
8 2:00-4:00 Game Day Checkers, Connect 4 Memory Games etc 	9 1:00-3:00 Crocheting Class with "Hilliard Hookers" 	10 2:00-3:00 YouTube Crafts 	11 1:30-3:30 Line Dancing with Tanya 	12 2:00-3:00 Ask the COA Staff Questions 
15 2:00-4:00 Game Day Checkers, Connect 4 Memory Games etc 	16 1:00-3:00 Crocheting Class with "Hilliard Hookers" 	17 2:00-3:00 YouTube Tai Chi 	18 1:30-3:30 Line Dancing with Tanya 	19 2:00-3:30 Movie "Baby's Day Out" 
22 2:00-4:00 Game Day Checkers, Connect 4 Memory Games etc 	23 1:00-3:00 Crocheting Class with "Hilliard Hookers" 	24 2:00-3:00 YouTube Crafts 	25 1:30-3:30 Line Dancing with Tanya 	26 2:00-3:00 Questions for the VFW 
29 2:00-4:00 Game Day Checkers, Connect 4 Memory Games etc 	30 1:00-3:00 Crocheting Class with "Hilliard Hookers" 	31 2:00-3:00 YouTube Tai Chi 		 SENIORS LIVING HAPPY, HEALTHY LIVES All events subject to change

Please Pre Register by calling Nassau County Council on Aging—Westside Senior Life Care Center (904) 845-3331

Activities: (904)-675-9833

Email: msnead@nassaucountycoa.org