Nassau County Council on Aging—Westside Senior Life Center Morning Activities

37002 Ingham Road • Hilliard, FL 32046

For more info, contact Frances Nobles, Nutrition Manager, 904-675-9838

MON	TUE	WED	THU	FRI
NASSAU COUNTY Council on Aging SENIORS LIVING HAPPY, HEALTHY LIVES All events subject to change		1 8:30 Coffee/Word Search 9:00 They All Start With_! 11:00 Lunch	2 8:30 Coffee/Word Search 9:00 Building Words Bingo for fun 11:00 Lunch	3 8:30 Coffee/Word Search 9:00 Word Challenge Bingo for Fun STARTS WITH ARRRO!!! 11:00 Lunch
6 8:30 Coffee/Word Search 9:00 Bingo 11:00 Lunch	7 8:30 Coffee/Word Search 9:00 Building Words Bingo for Fun 11:00 Lunch	8 8:30 Coffee/Word Search 9:00 Arts & Crafts 11:00 Lunch	9 8:30 Coffee/Word Search 9:00 Arts and Crafts 11:00 Lunch	10 8:30 Coffee/Word Search 9:00 Mother's Day Fun! 11:00 Lunch
13 8:30 Coffee/Word Search 9:00 Bingo 11:00 Lunch	14 8:30 Coffee/Word Search 9:00 Word Challenge Bingo for Fun 11:00 Lunch	15 8:30 Coffee/Word Search 9:00 Beth Verlinde Presentation/Nutrition Topic 11:00 Lunch	16 8:30 Coffee/Word Search 9:00 Tic-Tac-Toe 11:00 Lunch	17 8:30 Coffee/Word Search 9:00 Building Words 10:00 Bingo for Fun 11:00 Lunch GOTCHA!!
20 8:30 Coffee/Word Search 9:00 Bingo 11:00 Lunch	8:30 Coffee/Word Search 9:00 Tic-Tac-Toe 11:00 Lunch	8:30 Coffee/Word Search 9:00 Bingo for Fun 11:00 Lunch	8:30 Coffee/Word Search 9:00 Senior Fun Day 11:00 Lunch	24 8:30 Coffee/Word Search 9:00 Word Challenge 11:00 Lunch
27 Closed for Memorial Day	28 8:30 Coffee/Word Search 9:00 Building Words Bingo for Fun 11:00 Lunch	29 8:30 Coffee/Word Search 9:00 They All Start With_! 11:00 Lunch	30 8:30 Coffee/Word Search 9:00 Word Challenge Bingo for fun 11:00 Lunch	31 8:30 Coffee/Word Search 9:00 Banana Split Game 10:00 Arts & Crafts 11:00 Lunch