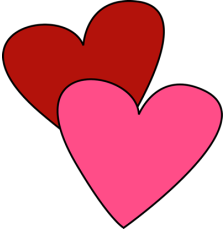















Nassau County Council on Aging—Westside Senior Life Center Morning Activities

February 2024

37002 Ingham Road • Hilliard, FL 32046

For more info, contact Frances Nobles, Nutrition Manager, 904-675-9838

MON	TUE	WED	THU	FRI
			1 8:30 Coffee/Word Search 9:00 Word Challenge They All Start With__! 11:00 Lunch	2 8:30 Coffee/Word Search 9:00 Word Challenge Bingo for Fun STARTS WITH ARRO!!! 11:00 Lunch
5 8:30 Coffee/Word Search 9:00 Bingo 11:00 Lunch  	6 8:30 Coffee/Word Search 9:00 Word Challenge Bingo for Fun 11:00 Lunch	7 8:30 Coffee/Word Search 9:00 Word Challenge They All Start With__! 11:00 Lunch	8 8:30 Coffee/Word Search 9:00 Arts and Crafts 11:00 Lunch	9 8:30 Coffee/Word Search 9:00 Building Words 10:00 Bingo for Fun 11:00 Lunch GOTCHA!!
12 8:30 Coffee/Word Search 9:00 Bingo 11:00 Lunch  	13 8:30 Coffee/Word Search 9:00 Tic-Tac-Toe 11:00 Lunch 	14 8:30 Coffee/Word Search 9:00 Bingo for Fun 11:00 Lunch	15 8:30 Coffee/Word Search 9:00 Banana Split Game 10:00 Arts and Crafts 11:00 Lunch 	16 8:30 Coffee/Word Search 9:00 Fun & Games 11:00 Lunch
19 	20 8:30 Coffee/Word Search 9:00 Building Words Bingo for Fun 11:00 Lunch	21 8:30 Coffee/Word Search 9:00 Tic-Tac-Toe 11:00 Lunch 	22 8:30 Coffee/Word Search 9:00 Senior Fun Day 11:00 Lunch	23 8:30 Coffee/Word Search 9:00 Word Challenge Bingo for Fun 11:00 Lunch
26 8:30 Coffee/Word Search 9:00 Bingo 11:00 Lunch  	27 8:30 Coffee/Word Search 9:00 Word Challenge Bingo for Fun 11:00 Lunch	28 8:30 Coffee/Word Search 9:00 Arts and Crafts 11:00 Lunch	29 8:30 Coffee/Word Search 9:00 Arts and Crafts 11:00 Lunch	 <p>SENIORS LIVING HAPPY, HEALTHY LIVES</p> <p><i>All events subject to change</i></p>